2022/23 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement

SCHOOL

Thorplands Primary School

HEAD TEACHER

Sam Mawer

PE COORDINATOR

Beth Conroy/Paul Stewart





PE and School Sport Premium – The purpose

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2021 to 2022 academic year, to encourage the development of healthy, active lifestyles.

Vision - Government

All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport

Vision - School

All children to lead an active, healthy lifestyle and have the opportunity to take part in competitive school sport.

Objectives

Schools must use the funding to make **additional and sustainable** improvements to the quality of physical education (PE), physical activity and sport they offer. This means that Thorplands will use the premium to:

- i) Develop or add to the PE, physical activity and sport activities that your school already offers
- ii) Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years
- iii) Fund trips to Sports events to help create and sustain a love for sport
- iv) Invest in the development of a healthy lifestyle for the children that will support the physical activity the children take part in

Key achievements to date until July 2022:	Areas for further improvement and baseline evidence of need:
Continued use of Marathon Kids	Appoint sports coach to increase staff knowledge and skills of PE and Sport.
School Games Gold Mark gained	Develop inter house competitions and high levels of participation and
Embedded Real PE which has upskilled all class teachers and increased their	enjoyment.
confidence in delivering PE and Sport.	New leader in place and trained to further sustainability.
Sports leaders appointed to support and run activities at Lunch Time.	Try out a wider range of sports to engage all children through pupil voice.
Increased breaktime, lunch time and after school clubs	Increase Sports participation for girls and SEND
Attendance at a variety of county events through the Sports Partnership	Win a county competition and attend the finals day
Increases Swimming sessions to support issues from Covid	Train staff member to be a Level 4/5 Primary PE qualification
	Subject lead to participate in Deep Dive training as part of CPD
	Increase links to the local community

Key outcome indicators; updated for 2022/2023

Schools can use the funding to secure improvements in the following indicators;

Key outcome indicator 1: Engagement of all pupils in regular physical activity

For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- · adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement

For example, by:

- encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching

Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

For example, by:

- providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed
 physical activity across your school
- hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

For example, by:

- introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sport activities and clubs
- providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

Key outcome indicator 5: Increased participation in competitive sport

For example, by:

- increasing pupils' participation in the <u>School Games</u>
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

Meeting national curriculum requirements for SWIMMING and WATER SAFETY

You can use your funding for:

- ✓ Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- ✓ Additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water.

Schools are required to publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pu	% of pupils achieving outcome				
Outcome	2018/2019	2019/2020	2020/2021	2021/22		
Swim competently, confidently and proficiently over a distance of at least 25 metres	400/ (12)	33%	Unknown	PAUL TO		
	40% (12)			COMPLETE		
Use a range of strokes effectively; front crawl, backstroke and breaststroke		26%	Unknown	PAUL TO		
	Unknown			COMPLETE		
Perform safe self-rescue in different water-based situations		Unknown	Unknown	PAUL TO		
	Unknown			COMPLETE		
The premium may also be used to provide additional top-up swimming lessons to pupils who have not				Yes		
been able to meet the national curriculum requirements for swimming and water safety after the			No			
delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected	No	No				
to be able to swim confidently and know how to be safe in and around water. Have you used and						
funding for this purpose?						

Key outcome indi	cator 1: Engagement of all pupils in regular phy	sical activity			Not achieved Pa	artly achieved Achieved
School Focus and intended impact What do you want your pupils to learn and know?	Actions to achieve Outcome What do you need to do?	Planned funding	Actual funding	Evidence What can you use to evidence the impact?	Actual Impact/ Actual Outcome How have pupils benefited? How many have been involved? What have you accessed?	Sustainability / Next Steps How will this be maintained in future years?
Active Play during break and lunchtimes	 Offer more opportunities for children to increase their physical fitness and wellbeing. To offer free clubs to all students from Reception - Year 6. Break/Lunchtimes- To ensure all students have an opportunity to become active during break and lunch times. Wider range of activities Reduce children in the playground through structured timings 	£0		Pupil voice List of all the children who attend a club or participate. Pupil voice to the less active children Purchase equipment for the playgrounds Secret garden to be open on dry days More space for the children to play Sports captains and house captains supporting teams		
Ensure all children receive consistently high-quality curriculum PE lessons which allows each child to develop a good physical literacy	 Provision for 2 hours of curriculum PE per week for ALL children Teachers use Real PE as a scheme and ensure lessons are well structured, differentiated and progressive. Staff are encouraged to provide opportunities for all children to 'learn to lead'. 	£1000		Children perform competitively in sporting events Children are engaged with lessons Children's growth mindset is improved		

	 PE Lead and Sports Coach to support delivery of lessons and offer resources as support. New sports coach to be supported by PS Ensure children and staff have high-quality resources to deliver a range of topics, skills and ensure a range of sports and activities can be learned/played. 				
Ensure all children participate in all PE lessons.	 PE lessons focused on skills to improve game scenarios Lessons are differentiated for EAL/SEND PE sessions are progressive and engaging Real PE for one sessions and sport activity the 2nd session All children to arrive in PE kit for the day to increase time for PE Introduce Sports award each week, term and end of the year 	£0	£0	Children are engaged and happy during sessions Children are practicing and progressing in their skills/movements More children are attending clubs and more competitive in sports fixtures Teachers to keep a record of number of children NOT coming in PE kit to see if there is a pattern.	
Established after school clubs.	 All teachers encouraged to put on an after-school club or lunchtime club at some point throughout the year. Work with external provider to run a range of after school clubs. New enrichment sports and specialist clubs linked to competitions. 	<mark>£</mark> 5000		Registers to be taken for every club. Monitor number of children accessing sports clubs. Invite children that have not attended a sports club	

			Celebrate the children who attend club at the end to raise profile.	
Improve the active mile initiative.	 Re-launch assembly with 'Marathon Kids'. Discuss/create a timetable for the whole school where each class can get outside for the children to take part in an active mile. Teachers to add MK to timetables at least three times a week Create/improve the MK track so that during wet days children can still actively take part. Ensure certificates are given out when children reach 5km, 10km, 21km and 42km 	£50	Teachers to collect data Train children up to add the data to the system.	
To provide support, development and training for the Young Leaders initiative:	 Work alongside Leigh W from Real PE to train the children to be leaders Monitor and support sessions Create a mini-sports awards to train children to run competitions and training sessions Training programme in school Purchase T-shirts for each child 	£3997.50 Part of Real PE provision	Young leaders actively lead and support groups during lunch times Young leaders build confidence and skills Younger children learn and engage in a wider range of sports Children start the journey to professionalism earlier in playing and coaching	
Top up swimming for Year 5 and 6	 Deploy additional swimming teacher (sports coach) during swimming lessons, to allow more intense support for those children identified as having low swimming ability and competences –removing the need to organise additional swimming 	£1100	100% of children are able to swim by the time they finish in Year	

provision and being reliant on	
parents to source additional	
swimming lesson opportunities	
Assess sport coach ability to teach	
swimming. Send him to swim	
sessions	
Added extra – double swimming	
sessions. Year 3, 4, 5 and 6 have	
double the swimming sessions this	
year	

Key outcome indicator 2: Prof	ile of PE and sport is raised acro	Not achieved Par	rtly achieved Achieved			
School Focus and intended impact What do you want your pupils to learn and know?	Actions to achieve Outcome What do you need to do?	Planned funding	Actual funding	Evidence What can you use to evidence the impact?	Actual Impact/ Actual Outcome How have pupils benefited? How many have been involved? What have you accessed?	Sustainability / Next Steps How will this be maintained in future years?
Have a greater interest in sport by watching live events including Wimbledon and an England sports fixture. To create a passion.	Apply for tickets to major and town sporting events including domestic leagues and international competitions	£500 with mini bus	£0	The children are to write about each event that they have been to and express their feelings about the trip. To be added to the school website, twitter and newsletter. Compare participation to clubs to previous years.		
Improve Physical Education by teaching children and parents about healthy food.	 Lo company/ organisation that will help educate our school community Run 6-week healthy eating club both for 	£125	£0	Survey of adults and children before and after changes.		

	children's lunches, evening meals and creating meals for 4 for £10 • Work with Let's get cooking to support • Raise funds for ingredients • TG to teach after school sessions or during school				
Extend opportunities for children to learn, develop and embed leadership skills and attributes through a young leader workforce	 Use the Real PE Leaders scheme of work to upskill a cohort of confident and knowledgeable young leaders Use the Real Leaders Action Plan to support in the planning and implementation of the training Ensure the young leaders work alongside the school councillor so that that all the children have a voice. 	£0	£0	Survey the children before they start and at the end of the year. Year 5 and 6 children are effectively leading groups to improve participation and skills Events organised by sports leaders for KS1 children	
Share and celebrate achievements in PE, school sport and physical activity	 Establish a system whereby children can be rewarded on a 1-2-1 basis or publicly 	£10 for trophies and medals	£0	Sports teams share their reports from their competitions and are celebrated for taking part.	

	 Use a noticeboard and/or school digital system to publicly share success from within and outside of school Use social media to highlight school sport success and progress within PE 	fi Ir th	Medals received for inishing 1 st , 2 nd and 3 rd . nteractive sports board hat celebrate sporting competitions, MK and PE essions	
PP children to be given extra opportunities to be active.	 8 children from each year class in KS2 to be taken rock climbing. Book rock climbing sessions; 6 weeks 	500		

Key outcome indicator 3: Incr	eased confidence, knowledge ar	Not achieved Par	tly achieved Achieved			
School Focus and intended impact What do you want your pupils to learn and know?	Actions to achieve Outcome What do you need to do?	Planned funding	Actual funding	Evidence What can you use to evidence the impact?	Actual Impact/ Actual Outcome How have pupils benefited? How many have been involved? What have you accessed?	Sustainability / Next Steps How will this be maintained in future years?
All staff to deliver high quality PE teaching and learning for all children	 Undertake a training needs analysis of all staff Staff to identify areas of training Appropriate internal or external training and/or resources to 	New Leader cover for training (£600)		Audit staff; increased confidence Lesson objectives are clearly displayed, and children are meeting it Success criteria are being developed for children		

	be identified and sourced • Staff to be trained further in as many skills as possible this year due to the new scheme being used in Real PE		to know how to be successful Staff deliver PE lessons that build on prior knowledge and have good outcomes
Provide CPD to staff for Real PE	 All staff to receive 'Real PE' training having purchased 'Real PE Legacy' last year. Online training to support the planning process and the Real PE steps to success Leigh W to come into school and model teaching 4 	£0	Use 'Real PE' assessment tools to track progress of the pupils. Ask staff for feedback on training and support given and how this has impacted on their PE teaching. PE lead to observe sessions to support future CPD
Ensure well sequenced curriculum for Real PE and Sports	 Implement Real PE scheme. All teachers deliver good Real PE lessons with good outcomes Review Sports during PE. Audit with sports children enjoy Use of assessment to influence next steps in PE and adapt sport curriculum 	£600 (Skill session progression and lesson plans)	Ensure all teachers understand the intent statement and vison of PE across the school all teachers. Children make progress in observed session from 1st session of the term until the last session

Launch Forest Schools. Provide children with the opportunity to learn a wide variety of skills in the 'Secret Garden'.	trained and book	£1000	£0	Survey the children to see the impact it has made. Delivery of sessions and the benefits outdoor	
Garden .	them on to training.			learning has	

Key outcome indicate	tor 4: Broader experience of a range of spor	Not achieved Par	tly achieved Achieved			
School Focus and intended impact What do you want your pupils to learn and know?	Actions to achieve Outcome What do you need to do?	Planned funding	Actual funding	Evidence What can you use to evidence the impact?	Actual Impact/ Actual Outcome How have pupils benefited? How many have been involved? What have you accessed?	Sustainability / Next Steps How will this be maintained in future years?
Offer a diverse and needs led extracurricular programme	 Promote an inclusive extra-curricular timetable Review success and attendance of opportunities in the previous academic year Allow children to have a voice and influence what is offered – questionnaire to be sent out Explore and evaluate the costs and benefits of using external providers Thoroughly check for appropriate qualifications and experience before deploying external providers Explore internal opportunities to provide 	£ Sports coaches	£O	Copy of sports clubs available to the children to be stored, and competitions entered also to be stored. Children offered at least 10 different sports throughout the year 5 specialist sports coaches run clubs throughout the year Attend off site sports such as rock climbing		

	 training to upskill staff to lead on clubs 				
Sign up to the NTSSF, NTSSP and NPAT sports groups.	 Sign up to NTSSF Sign up to NTSSP Organise NPAT Trust Sport events with other schools 	£3250	£0	Records of all the competitions and fixtures that we enter and take part in. Enter competitions to develop new sports Be competitive through skills training and clubs Increase participation for all children	
Sign up for a variety of programmes that are offered to us with specialist coaches These typically include Cricket, Tennis and Hockey professionals coming in to school.	 Children to receive coaching from a variety of professionals. Explore options that are free or have grants 	£1000	£0	Survey at the end of the year to see the impact on the children's attitudes and enjoyment levels. Children ask to play different sports at lunch and break times.	
Dance workshops	 Diverse dance workshops to promote diversity and for children to experience moving and dancing different genres. To appreciate dance and accompaniment from all over the world 	£0			

Enquire about dances that link to the curriculum and enrichment opportunities		

Key outcome indicator 5: I	ncreased participation in competitive spo	rt			Not achieved Par	tly achieved Achieved
School Focus and intended impact What do you want your pupils to learn and know?	Actions to achieve Outcome What do you need to do?	Planned funding	Actual funding	Evidence What can you use to evidence the impact?	Actual Impact/ Actual Outcome How have pupils benefited? How many have been involved? What have you accessed?	Sustainability / Next Steps How will this be maintained in future years?
Provide transport for children to attend competitions and physical activity	 Create a team of staff who will take children to the event Mini bus 	£2574 (50% minibus lease costs) £3,688.44		All children are able to represent the school in competitions or friendly skills competitions Higher engagement in sporting events		
Implement intra school competition for team games and individual games. Provide opportunities for the children to take part in sport competitions with school, against each other (in houses or near Year groups).	 Organise a structure where classes get to take part in a game against other children from Thorplands. This may be within PE lessons or at other points during the school week. Create team and individual competitions 	£0	£0	Ask the teachers' and children's opinions at the end of the year regarding how it has gone. Improvement in competitive fixtures All children compete in a competitive fixture		

Friendly multi-sport competitions for those who do not normally represent the school				
Provide opportunities for children with SEND to access appropriate competitions	 Identify children with SEND and consider their disability before providing competitive opportunities in mainstream, Inclusive, Project ability or Intra-School competitions Organise fixtures for SEND children Adults/minibus to take children or organise at our school 	£0	All children compete in a competitive fixture All children represent the school	
Host a School Games Day that culminates in a year round programme of PE and school sport	 Plan and deliver a School Games Day that is inclusive of all children Design a format to ensure all children are enthused to participate. Plan 6 activities throughout the day. Consider including personal challenges to encourage healthy competition Upskill and deploy a cohort of young leader Share and celebrate achievements and overall performances but consider how this can be done to ensure different children are recognised 	£0	Sports leaders confidence improves Children eat healthier and knowledge of health living improves Celebration assembly Share event on newsletters and social media	

Total		
Planned		
17196		
(3997 –		
Real PE		
from last		
year(

Year	Allocated	Spent	Underspend
2019/2020	£17770	£11770	£5127
2020/2021	£22877 (inc underspend from 19/20)	£7207.50	£15669.50
2021/2022	£25,607 (inc underspend from 20/21)		
2022/2023			

Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

Completed by:	Paul Stewart					Date:	ate:			
Document updated										

Department for Education guidance on how to use the Primary PE and Sport Premium – updated November 2019

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation, and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The <u>School Sport and Activity Action Plan</u> set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the <u>Chief Medical Officer guidelines</u> which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools so they have the flexibility to use it in the way that works best for their pupils. The <u>PE and Sport Premium survey</u> highlighted the significant impact which PE and Sport has had in many primary schools across England.

Schools must use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport you offer.

This means that you should use the premium to:

- ✓ Develop or add to the PE, physical activity and sport activities that your school already offers
- ✓ Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

Schools can use the premium to secure improvements in the following indicators:

- 1. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Active Miles

Where schools choose to take part in an active mile, you should use your existing playgrounds, fields, halls and sports facilities to incorporate an active mile into the school day and develop a lifelong habit of daily physical activity.

What should you funding NOT be used for?

You should not use your funding to:

- Employ coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements these should come out of your core staffing budgets
- * Teach the minimum requirements of the national curriculum with the exception of top-up swimming lessons after pupils' completion of core lessons (or, in the case of academies and free schools, to teach your existing PE curriculum)
- Fund capital expenditure the Department for Education does not set the capitalisation policy for each school. School business managers, school accountants and their auditors are best placed to advise on a school's agreed capitalisation policy

Schools compliance

Schools are accountable for their use of the PE and Sport Premium funding allocated to them. Schools are expected to spend the grant for the purpose it was provided only – to make additional and sustainable improvements to the PE, sport and physical activity offered. Schools and local authorities must follow the terms and conditions in the conditions of grant documents.

Ofsted inspections

Ofsted's new Inspection Framework, which came into effect from September 2019, gives greater recognition to schools' work to support the personal development of pupils, such as the opportunities they have to learn about eating healthily and maintaining an active lifestyle. Inspectors will expect to see schools delivering a broad, ambitious education, including opportunities to be active during the school day and through extra-curricular activities. Schools should consider how they use their PE and Sport Premium to support this.

Online reporting

You must publish details of how you spend your **PE and sport premium funding** by the end of the summer term or by 31 July 2020 at the latest. Online reporting must include:

- ✓ The amount of premium received
- ✓ A full breakdown of how it has been spent
- ✓ The impact the school has seen on pupils' PE, physical activity, and sport participation and attainment
- ✓ How the improvements will be sustainable in the future

You are also required to publish the percentage of pupils within your year 6 cohort in the 2020 to 2021 academic year who met the **national curriculum swimming** requirement to:

- \checkmark Swim competently, confidently and proficiently over a distance of at least 25 metres
- ✓ Use a range of strokes effectively
- ✓ Perform safe self-rescue in different water-based situations

✓ Attainment data for year 6 pupils should be provided from their most recent swimming lessons. This may be data from years 3, 4, 5 or 6, depending on the swimming programme at your school.

Review of online reports

Schools' online reporting is monitored through an annual sample of schools in each local authority. Active Partnerships review the published information on selected schools' websites to ensure it meets the requirements on premium funding and swimming attainment. The results are reported to the Department for Education, and also help to ensure that Active Partnerships can offer schools in their local area the most relevant support.

Useful websites

PE and sport Premium: conditions of the grant 2019 to 2020

https://www.gov.uk/government/publications/pe-and-sport-premium-conditions-of-grant-2019-to-2020

PE and sport premium for primary schools

https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

Association for Physical Education

http://www.afpe.org.uk/physical-education/advice-on-sport-premium/

Youth Sport Trust

https://www.youthsporttrust.org/PE-sport-premium